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Anne Lupo is a Functional Diagnostic Nutrition Practitioner (FDN-P), not a licensed medical provider. The services provided through Rooted Wellness are not intended to diagnose, treat, cure, or prevent any disease. You should always consult with your healthcare provider before implementing any recommendations from this site or any associated programs.

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By engaging in any of Anne's services, programs, or recommendations, you acknowledge that you are responsible for your own health decisions. Anne does not guarantee specific outcomes or results.

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